The Consortium
Calgary Office

Rethinking Challenging Behaviour - An Introduction to Collaborative Problem Solving®

PRESENTED BY

Matt Sticksl

SERIES SESSIONS

Date	Time
September 24, 2025	4:00 PM - 5:30 PM

LOCATION

Online

FEE

$0.00

QUESTIONS?

Contact Us:
calgary@aplc.ca
403-291-0967

REGISTER ONLINE

Visit our website to register:
calgary.aplc.ca

Learning Opportunity

Target Audience: All administrators, educational assistants, guidance counsellors, instructional leaders, parents, pre-service teachers, support staff and teachers are encouraged to attend.

Working with children and teens who demonstrate challenging behaviours can be difficult, stressful, and complex. Collaborative Problem Solving® (CPS) is a compassionate, evidence-based, trauma-informed approach that provides a philosophy and tools to understand and address challenging behaviour. CPS is used in schools and programs across North America. Research has shown that CPS builds executive functioning skills in students, reduces oppositional behaviours, and teachers report reduced stress when using the approach.

This session is an introduction to CPS. This session helps educators reflect on their understanding of challenging behaviour and interventions to support students with challenging behaviour. Participants will learn about how the CPS approach explains challenging behaviour and how CPS can address these behaviours. This session will help educators decide if CPS would be an effective approach to include in their practice and provide the information and resources to learn more.

If you would like more information about CPS prior to the session, please visit https://thinkkids.org/.

Presenters

Matt Sticksl

Matt Sticksl is a teacher, parent and Think:Kids CPS Certified Trainer in Collaborative Problem Solving®. For the past four years he has been teaching in a Student Services role in a K-9 school with the Calgary Board of Education. Prior to this, he taught for eight years in adolescent mental health and addiction treatment programs.

While working in a program partnership with Alberta Health Services, Matt was exposed to CPS as an approach to address challenging behaviours. After exposure, training, and seeing the effectiveness of CPS, he worked to become the only Certified Trainer in Western Canada. Over the last five years, Matt has delivered CPS training sessions for educators, mental health professionals and parents across Alberta. You can learn more about Matt and his work at www.newlightlearning.ca.

Registration Notes

Session times are Alberta time.

This session will NOT be recorded.