

Executive Function in Action: Universal Tools for Teachers



PRESENTED BY

Rae-Anne Kerr, Jill Northwood & Jana
Zalmanowitz



SERIES SESSIONS

Date	Time
October 09, 2025	4:00 PM - 5:00 PM
October 16, 2025	4:00 PM - 5:00 PM
October 23, 2025	4:00 PM - 5:00 PM



LOCATION

Online

FEE

\$20.00

QUESTIONS?

Contact Us:

calgary@aplc.ca

[403-291-0967](tel:403-291-0967)

REGISTER ONLINE

Visit our website to register:

calgary.aplc.ca

Learning Opportunity

Target Audience: k-12 administrators, educational assistants, support staff, instructional leaders and teachers are encouraged to attend.

Join Rae-Anne Kerr, Jill Northwood and Jana Zalmanowitz, speech-language pathologists, to learn about how executive functioning impacts your students. Come away with low-to-no-prep strategies you can implement to build these foundational skills. Reframe how you understand diverse learners from struggling with specific subjects, to seeing how incorporating executive functioning training increases student ability to learn and gain independence in all areas of the classroom.

Session 1: Get acquainted with what skills are included in “executive functioning” and start to view your students through this lens. Delve deeper into two of the most important skills of **attention** and **perception**. Leave with a better understanding of why students in your classroom may be struggling with these skills and actionable strategies you can implement to support them.

Session 2: Build on your executive functioning knowledge by tackling the skills of **verbal and nonverbal working memory**. Learn to spot the signs students require support in these areas and practical, universal activities you can implement to target them.

Session 3: Take the strategies covered in previous sessions and learn how they can be applied to the final skill covered in this series: **inhibition**. Come away with activities to foster inhibition skills in your students so you can support them in learning effectively in a group setting.

Uncovering Potential is a collective of speech-language pathologists who are dedicated to inspiring adults and making life easier through engaging education initiatives. We met working in busy classrooms at a Calgary school board. Feeling the

need to make a bigger impact, we decided to collaborate and bring more awareness and education to teachers, parents and professionals about executive functioning. It is our mission to empower adults with tools to uncover the potential in themselves and the kids they support.

Presenters

Rae-Anne Kerr

Rae-Anne from Uncovering Potential Professional Development, has been a Speech-Language Pathologist (SLP) since 2008. She has supported individuals of all ages, across a variety of settings, including hospitals, schools, preschools and in the community. She has an empathetic, engaging and creative personality. In addition to seeing progress with her clients, she wants to "pump them full of positivity," an approach she also brings to her presentations. Rae-Anne is a mom to two kids, one of whom has participated in his fair share of therapies. The impact of this first-hand experience shines through in her professional knowledge.

Jill Northwood

Jill from Uncovering Potential Professional Development, has been a Speech-Language Pathologist (SLP) since 2012. She has supported families and kids spanning from 18 months to 18 years of age with a variety of diagnosis. Jill is a friendly and encouraging presence in her clients' lives. She sees that just like kids, adults thrive in settings where they are engaged and interested. This emphasis on play (in all its forms) makes her a dynamic presenter. As a mom to 4 kids (7 and under!), Jill knows how to fuse fun, organization and practicality so everyone around her can achieve their goals. ???

Jana Zalmanowitz

Jana from Uncovering Potential Professional Development, has been a Speech-Language Pathologist (SLP) since 2009. She loves working with people of all ages and has provided services in hospitals, schools, daycares, homes and out in the community. Jana's warm and open demeanour, combined with a genuine enthusiasm for building personal connections makes her an engaging presenter whether one on one with her clients or in a large group. She is a mom to two neurodivergent kids which means she's had lots of opportunities to practice her work at home (and maybe a few good stories to tell!).

Registration Notes

All session times are mountain time.

This series will be recorded and available for 30 days.



Supporting every educator
in every classroom