

Language Learning as a Busy Adult: Steps and Skills to Improve our own Language Abilities as Adults



PRESENTED BY

Quinton Stotz



SERIES SESSIONS

Date	Time
January 15, 2026	4:00 PM - 5:30 PM



Conline Online



Learning Opportunity

Target Audience: Gr 4-12 instructional leaders, pre-service teachers and teachers are encouraged to attend.

Want to improve in your second language or begin learning another? Great! Contrary to popular belief, adults are actually highly successful language learners and are even better than children in many ways. Join this PD session to uncover the science behind that statement, but most importantly, learn key practices and processes that will empower and help you progress farther and more meaningfully in your target language no matter what stage (or rut!) you're in. This session is designed for teachers who wish to improve in the language they teach, or any adult interested in learning an additional language. If you're a language teacher, the advice given in this session can be wholly shared with your students to help them become lifelong learners.

Presenters

Quinton Stotz

Quinton Stotz B.Ed., MA (Applied Linguistics) is a practising FSL and Advanced Placement French teacher in Edmonton, and a research assistant at Concordia University's Applied Linguistics Lab in Montréal. His real-world language experience intersects multiple language families, contexts, competences, and motivations, each of which adds a new dynamic to his teaching. Striving to foster greater capacities to learn and teach languages, Quinton has designed and facilitated professional learning opportunities on a local, provincial and national level since 2014. His professional interests centre on additional

language development, research-based language pedagogy, and language teacher training.

Registration Notes

All session times are mountain time.

This session will be recorded and available for 30 days.

(This session was originally scheduled for October 16th 2025)

