The Consortium
Calgary Office

Voice Tools for Speaking and Singing with Longevity

PRESENTED BY

Sable Chan

SERIES SESSIONS

Date	Time
November 06, 2025	4:30 PM - 6:00 PM

LOCATION

Online

FEE

$0.00

QUESTIONS?

Contact Us:
calgary@aplc.ca
403-291-0967

REGISTER ONLINE

Visit our website to register:
calgary.aplc.ca

Learning Opportunity

Target Audience: K-12 educational assistants, instructional leaders, pre-service teachers, support staff and music teachers are encouraged to attend.

Join Sable Chan for an interactive approach and discussion on how to maintain and improve your speaking and singing voice so that it sounds clear, confident, and easy. Sable Chan is a professional singer that sees patients with voice disorders in her work as a Registered Speech-Language Pathologist.

This voice seminar will cover topics such as:

- Basic overview of the larynx and anatomical components for voice production
- Voice warm-ups for speaking or singing
- Exercises to improve vocal flexibility and stamina
- How to recover a sick voice

This session is focused on the hands-on, interactive trial of voice techniques. These skills will help maintain your voice longevity and strengthen your vocal muscle to help build strength, flexibility, and expressivity.

Presenters

Sable Chan

Sable Chan earned a Masters of Science degree in Speech Pathology and Audiology from the University of Alberta, and a Certificate of Vocology from the University of Iowa. During her Masters program at the University of Alberta, she completed a thesis in Voice Choral Singing Therapy Outcomes in Persons with Parkinsons. Sable has been trained in Voice Science, Voice Habilitation and Voice Instrumentation by Dr. Ingo Titze, Dr. Katherine Verdolini Abbott, and Dr. Eric Hunter

respectively during her time at the National Centre for Voice and Speech . In addition, Sable completed a specialized voice placement at the Glenrose Rehabilitation Hospital and worked in an Inter-Disciplinary rehabilitation hospital setting. Areas of practice have included work with Aphasia, Motor Speech, and Voice.

Sable has been working in private practice and specializing in the area of voice therapy for the past 13 years. She also works at the Tevie Miller Heritage School Program for the Edmonton Public School Board. In addition to her Speech Pathology and Voice Therapy interests, Sable is a professional choral singer in Edmonton. Currently, she is a member of Pro Coro Canada , Edmonton Opera Chorus , Canadian Chamber Choir , and FEMME Vocal Ensemble. Most recently, Sable was named Top 40 Under 40 by Avenue Magazine for their Class of 2019.

Registration Notes

Session times are mountain time.

This session will be recorded and avaliable for 30 days.