

Learning Music Through Body Movement- An Active and Interactive Workshop for Music Teachers



PRESENTED BY

Françoise Lombard



SERIES SESSIONS

Date	Time
March 12, 2026	4:00 PM - 5:30 PM



LOCATION

Online

FEE

\$0.00

QUESTIONS?

Contact Us:

calgary@aplc.ca

[403-291-0967](tel:403-291-0967)

REGISTER ONLINE

Visit our website to register:

calgary.aplc.ca

Learning Opportunity

This workshop, Learning Music Through Body Movement- An Active and Interactive Workshop for Music Teachers, focuses on following themes:

- Pulse and rests: internalization of a tempo through body movement
- Division and multiplication of beat: simple meter activities from rhythm patterns to phrases and form
- Application of a simple rhythm pattern in a musical work
- Creating and designing melodies, recognizing intervals in a Dalcroze approach
- Vocal improvisation on basic rhythms

Presenters

Françoise Lombard

Françoise Lombard is a musician and a teacher of both Eurhythmics and the 'Art of Listening'. Having gained the Diplôme of the Institut Jaques-Dalcroze and graduated from the Geneva Conservatoire (piano, harmony), she began to train teachers of Eurhythmics in Bienne (Switzerland). She then undertook training in the "Art of Listening" (the method of François Louche), which she teaches to artists, teachers and therapists in Europe and Quebec. She lives in Montreal and divides her professional life between Eurhythmics, 'Art of Listening' and composition.

Françoise Lombard has created the Audio Library "music and movement", teaching material for music teachers with the aim of promoting the learning of music and the overall development of children and adults by associating body movement with music.

Read more and watch the videos: <https://francoise-lombard.com/>

Registration Notes

This session will be recorded and available for 30 days.

Session times are mountain time.



Supporting every educator
in every classroom