

Teaching and Learning with Indigenous Picture Books: Building Emotional Resilience with Brave Like the Buffalo



PRESENTED BY

Anja Marie Dressler & Jadyn Fischer-McNab



SERIES SESSIONS

Date	Time
January 29, 2026	4:00 PM - 5:00 PM



LOCATION

Online

FEE

\$20.00

QUESTIONS?

Contact Us:
calgary@aplc.ca
[403-291-0967](tel:403-291-0967)

REGISTER ONLINE

Visit our website to register:
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Learning Opportunity

Target Audience: K-Gr 6 administrators, pre-service teachers and teachers are encouraged to attend.

In this workshop, participants will explore "Books to Build On," an online resource and database that highlights Indigenous literatures along with teaching and learning ideas. They will also have the opportunity to experience and be provided with a range of teaching ideas for the text *Brave Like the Buffalo*.

Presenters

Anja Marie Dressler

Anja Dressler Araujo is a Settler born in Manitoba, who grew up on Vancouver Island and has resided in Mohkinstsis, Calgary, on Treaty 7 land ever since. Her ancestors immigrated from Europe. She holds degrees in both Arts and Education from the University of Calgary. Anja has fulfilled many roles as part of the Books to Build On Team since her joining in 2018 and most recently was Project Manager. She continues to be part of the Content Development Team and Workshop Team. She enjoys setting plans in motion for the project, finding new inspiring Indigenous children's books to add to the site and share with her children, and writing and guiding other teachers in their creation of Seeds for Learning using Indigenous literatures. Anja is a practicing elementary school teacher in the Calgary area and she actively brings Indigenous literatures into her own classroom and enjoys supporting teachers around her to do the same.

Jadyn Fischer-McNab

Jadyn Fischer-McNab is a Cree artist who was born and raised in Mohkinstsis (Calgary), Alberta, on Treaty 7 territory. Jadyn studied at the University of Calgary, where she received bachelor degrees in kinesiology and education in 2015 and 2018 respectively. Jadyn has worked as a full-time junior high school teacher since 2018. Jadyn began her work at Books to Build on by originally creating lesson plans for the project in 2020 and then moving into a casual role in 2021 as a member of the Content Development and Educational Community Engagement Teams. Alongside her passion of connecting with story, Jadyn has illustrated the published children's title "Brave Like the Buffalo". She also owns and operates a small stationery business, artbyJFM, with products available online as well in a variety of stores across Alberta. Jadyn belongs to George Gordon First Nation (Treaty Four) and is an intergenerational Residential School survivor. She is passionate about breaking down barriers and educating others by incorporating Indigenous ways of knowing and being into her art, her teaching, and her life.

Registration Notes

This session will be recorded and available for 30 days.

All session times are mountain time.



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