The Consortium
Calgary Office

Social Media and our Youth

PRESENTED BY

Calgary Health Promotion Services (CHPS)

SERIES SESSIONS

Date	Time
December 08, 2022	4:00 PM - 6:00 PM

LOCATION

Online

FEE

$0.00

QUESTIONS?

Contact Us:
calgary@aplc.ca
403-291-0967

REGISTER ONLINE

Visit our website to register:
calgary.aplc.ca

Learning Opportunity

Target Audience: All teachers, educational assistants, parents, administrators and guidance counsellors are encouraged to attend.

Social media has been around for decades and is commonly used by all. These digital platforms allow any user to create or share content in forms of posts, photos, videos and connection. This session will explore social media use among youth, highlighting the risks and benefits of use, impact on mental health and strategies that can be implemented by parents and service providers.

Presenters

Calgary Health Promotion Services (CHPS)

The Health Promotion Facilitators on the Community Health Promotion Services (CHPS) Team connect, consult, collaborate, and contribute resources to communities. Their mission is to prevent and reduce harms related to alcohol, drugs and mental health disorders by maximizing the well-being of children, adolescents and families.

Registration Notes

This session will not be recorded.

All sessions are Alberta Time